

**May Meeting** – Most of the committee members could not meet so the meeting was canceled.

## **Health and Wellness Meeting – June 14, 2023**

**Attending:** David Aierstok, Meg Rodier, Christine Kozma and Emily Davison

1. Debriefed about the Chris Herren Presentation
  - everyone thought that the students, both RHS and BMS, were highly engaged and that the presentation was an enormous success
  - Students and faculty have been saying how great the presentation was and a group of 10-12 senior students thought it was the best presentation that they attended in their four years of high school
  
2. Christine Kozma discussed a graffiti artist whose work involves mental health. The artist has authored a book on wellness, mental health, and how to be nice to one another. The age level is for CLS, and he is a motivational speaker on love and tolerance. He goes to a school and presents his material, and the students help him with a wall of graffiti.
  - will pick up this discussion at the next meeting
  
3. Meg Rodier mentioned the topic of CPR training and the question of is it legal to have students on the team. That is a question for the district's lawyers and administrators.